



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|---|---|
|  | | 01 Youth Activities: Badminton/ GYM 1 4:30 pm—5:30 pm | 02 Youth Activities: Badminton & Table Tennis MP 1 and MP 2 4:30 pm—6:00 pm | 03 Youth Activities: Pickleball /GYM 1 4:00 pm—5:00 pm Open Youth Room 5:00 pm to 6 pm | 04 Youth Night : Basketball games: GYM 1 3:00 pm—4:00 pm Badminton/Table Tennis MP 1 &2 4:00 pm—5:00 pm Open Youth Room 4pm -6pm | 05 Family Hub Centre 12:00—2:00 pm Community Room |
| 06  | 07 Youth Activities: Volleyball GYM 1 / 4:30 pm to 5:30 pm | 08 Youth Activities: Badminton / GYM 1 4:30 pm—5:30 pm | 09 Youth Activities: Indoor Lawn Games MP 1 and MP 2 4:30 pm—6:00 pm | 10 Youth Activities: Games Night 4:00 pm—5:00 pm Open Youth Room 5:00 pm to 6 pm | 11 Youth Night : Basketball games: GYM 1 3:00 pm—4:00 pm Badminton/Table Tennis MP 1 &2 4:00 pm—5:00 pm Open Youth Room /4pm -6pm | 12  Keeping Children & Youth Safe Safe Environment Program |
| 13  Keeping Children & Youth Safe Safe Environment Program | 14 Youth Activities: Arts & Creative Nights 4:30 pm to 5:30 pm Community Room | 15 Youth Activities: Badminton / GYM 1 4:30 pm—5:30 pm | 16 Youth Activities: Badminton & Table Tennis MP 1 and MP 2 4:30 pm—6:00 pm | 17 Youth Activities: Volleyball / GYM 1 4:00 pm—5:00 pm Open Youth Room 5:00 pm to 6 pm | 18  No Program | 19 Family Hub Centre 12:00—2:00 pm Community Room |
| 20  | 21 No Program  | 22 Youth Activities: Badminton / GYM 1 4:30 pm—5:30 pm | 23 Youth Activities: Badminton & Table Tennis MP 1 and MP 2 4:30 pm—6:00 pm | 24 Youth Activities: Games Night Youth room 4:00 pm—5:00 pm Open Youth Room 5:00 pm to 6 pm | 25 Youth Night : Basketball games: GYM 1 3:00 pm—4:00 pm Badminton/Table Tennis MP 1 &2 / 4:00 pm—5:00 pm Open Youth Room /4pm -6pm | 26  Keeping Children & Youth Safe Safe Environment Program |

NOTES:

Where & when to meet?

For all programs please check-in at the membership desk
5- 10 minutes before program begins.

For more information contact: Jenn Obeng
Email: jennifer.obeng@ymcocalgary.org
Tel: 403-537-2718

Age of “Youth” “Youth” programs are designated for Ages 14—25.
Red—Membership or Drop-in fee required
Blue—FREE Program—No Membership or Drop-in fee required