












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					01 Youth Night : Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 & 2 / 4:00 pm—5:00 pm Open Youth Room 4pm -6pm	02 
03 	04 Youth Activities: Badminton/Volleyball GYM 1 / 4:30 pm—5:30 pm Open Youth Room 6:00 pm to 7:00 pm	05 Youth Empowerment Initiative (YEI) :Youth Room 4:00 pm to 5:00 pm Badminton / GYM 1 4:00 pm—5:30 pm	06 Open Youth Room 4:30 pm—6:00 pm Arts & Creative Nights 6:00 pm to 7:00 pm Community Room	07 Youth Activities: Games Night Youth room 4:00 pm—5:00 pm	08 Youth Night : Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 & 2 / 4:00 pm—5:00 pm Open Youth Room 4pm -6pm	09 Family Hub Centre 12:00—2:00 pm Community Room & Youth room
10 	11 	12 Youth Empowerment Initiative (YEI) :Youth Room 4:00 pm to 5:00 pm Badminton / GYM 1 4:00 pm—5:30 pm	13 Open Youth Room 4:30 pm—6:00 pm Arts & Creative Nights 6:00 pm to 7:00 pm Community Room	14 Youth Activities: Badminton / Soccer GYM 1 4:00 pm—5:00 pm	15 Youth Night : Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 & 2 / 4:00 pm—5:00 pm Open Youth Room 4pm -6pm	16 
17 	18 Youth Activities: Badminton/Volleyball GYM 1 / 4:30 pm—5:30 pm Open Youth Room 6:00 pm to 7:00 pm	19 Youth Empowerment Initiative (YEI) : Youth Room 4:00 pm to 5:00 pm Badminton / GYM 1 4:00 pm—5:30 pm	20 Open Youth Room 4:30 pm—6:00 pm Arts & Creative Nights 6:00 pm to 7:00 pm Community Room	21 Youth Activities: Games Night Youth room 4:00 pm—5:00 pm	22 Youth Night : Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 & 2 / 4:00 pm—5:00 pm Open Youth Room 4pm -6pm	23 Family Hub Centre 12:00—2:00 pm Community Room & Youth room
24  Keeping Children & Youth Safe Safe Environment Program	25 Arts & Creative Nights 4:30 pm to 5:30 pm Community Room Open Youth Room 6:00 pm to 7:00 pm	26 Youth Empowerment Initiative (YEI) : Youth Room 4:00 pm to 5:00 pm Badminton / GYM 1 4:00 pm—5:30 pm	27 Open Youth Room 4:30 pm—6:00 pm Arts & Creative Nights 6:00 pm to 7:00 pm Community Room	28 Volleyball / Badminton GYM 1 4:00 pm—5:00 pm	29  Keeping Children & Youth Safe Safe Environment Program	

NOTES:

Where & when to meet?

For all programs please check-in at the membership desk 5- 10 minutes before program begins.

For more information contact: Jenn Obeng

Email: jennifer.obeng@ymcacalgary.org
Tel: 403-537-2718

Age of "Youth" "Youth" programs are designated for Ages 12 and up.

Red—Membership or Drop-in fee required
Blue—FREE Program—No Membership or Drop-in fee required