





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>08</p> 	<p>09</p> <p><b>Youth Activities:</b> Badminton/Volleyball GYM 1 / 4:30 pm—5:30 pm</p> <p>Open Youth Room 6:00 pm to 7:00 pm</p>	<p>10</p> <p><b>Teens Tuesday:</b> Badminton GYM 1 4:00 pm—5:00 pm</p>	<p>11</p> <p><b>Youth Activities:</b> Teen Vibe Open Climb 4:00 pm—4:45 pm Arts &amp; Creative Nights 6:00 pm to 7:00 pm Youth Room</p>	<p>12</p> <p><b>Youth Activities:</b> Games Night Youth room 4:00 pm—5:00 pm</p>	<p>13</p> <p><b>Youth Night :</b> Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 &amp;2. 4:00 pm—5:00 pm</p> <p>Open Youth Room 4:00 pm to 6:00 pm</p>	<p>14</p> <p>Family Hub Centre 12:00—2:00 pm Community Room &amp; MP 2 Youth room</p>
<p>15</p> 	<p>16</p> <p><b>Youth Activities:</b> Arts &amp; Creative Nights 4:30 pm to 5:30 pm Community Room</p> <p>Open Youth Room 6:00 pm to 7:00 pm</p>	<p>17</p> <p><b>Teens Tuesday:</b> Badminton GYM 1 4:00 pm—5:00 pm</p>	<p>18</p> <p><b>Youth Activities:</b> Teen Vibe Open Climb 4:00 pm—4:45 pm Arts &amp; Creative Nights 6:00 pm to 7:00 pm Youth Room</p>	<p>19</p> <p><b>Youth Activities:</b> Volleyball / Badminton GYM 1 4:00 pm—5:00 pm</p>	<p>20</p> <p><b>Youth Night :</b> Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 &amp;2. 4:00 pm—5:00 pm</p> <p>Open Youth Room 4:00 pm to 6:00 pm</p>	<p>21</p> 
<p>22</p> 	<p>23</p> <p><b>Youth Activities:</b> Floor Hockey/ Soccer GYM 1 / 4:30 pm—5:30 pm</p> <p>Open Youth Room 6:00 pm to 7:00 pm</p>	<p>24</p> <p><b>Teens Tuesday:</b> Badminton GYM 1 4:00 pm—5:00 pm</p>	<p>25</p> <p><b>Youth Activities:</b> Teen Vibe Open Climb 4:00 pm—4:45 pm Arts &amp; Creative Nights 6:00 pm to 7:00 pm Youth Room</p>	<p>26</p> <p><b>Youth Activities:</b> Games Night Youth room 4:00 pm—5:00 pm</p>	<p>27</p> <p><b>Youth Night :</b> Basketball games: GYM 2 3:00 pm—4:00 pm Badminton/Table Tennis/ MP 1 &amp;2. 4:00 pm—5:00 pm</p> <p>Open Youth Room 4:00 pm to 6:00 pm</p>	<p>28</p> <p>Family Hub Centre 12:00—2:00 pm Community Room &amp; MP 2 Youth room</p>
<p>29</p>  <p>Keeping Children &amp; Youth Safe Safe Environment Program</p>	<p>30</p> <p><b>Youth Activities:</b> Arts &amp; Creative Nights 4:30 pm to 5:30 pm Community Room</p> <p>Open Youth Room 6:00 pm to 7:00 pm</p>					 <p>Keeping Children &amp; Youth Safe Safe Environment Program</p>

### NOTES:

**Where & when to meet?**

For all programs please check-in at the membership desk 10 minutes before program begins.

**For more information contact: Jenn Obeng**

Email: [jennifer.obeng@ymcocalgary.org](mailto:jennifer.obeng@ymcocalgary.org)  
Tel: 403-537-2718

Age of “Youth” “Youth” programs are designated for Ages 12 and up.

Red—Membership or Drop-in fee required

Blue—FREE Program—No Membership or Drop-in fee required